

Family of Christ Men's Retreat THEME: UNDIVIDED

Psalms 86:11 "Teach me your way, O Lord, and I will walk in your truth; give me an undivided heart, that I may fear your name."

Thursday, May 3 (7p) - Sunday, May 6 (12noon)

Cost: \$175

(Covers program, food, cabin, Price is same for bringing your own tent or trailer.)

Early Registration (by 3/1/2018):

Receive 6 giveaway tickets

LOCATION:

Lutheran Valley Retreat (LVR)
Divide, CO

WHAT TO BRING:

- Whatever "toys" it is you like to do while enjoying time in the mountains.
- Bible
- Sleeping bag/pillow
- Toiletries & Towel
- Appropriate clothing for being outside all day
- Donation \$ for Ministry Drawings!!! (Amazing items this year)

TO REGISTER:

Go to the Family of Christ website to register & Pay: www.foccs.net

Schedule of Events

Thursday

7p Opening Program

8:30p Ministry Support Drawings

9p Refreshments/Fun

Friday & Saturday

5:15a Sunrise Cedar Mountain Hike

7a Breakfast

8a Devotion

8:30a Prepare for your day 9a Adventuring Options 1p Adventuring Options

5:30p Dinner 7:00p Program

8:00p Ministry Support Drawings

8:30p Refreshments/Fun

Sunday

6a (optional Sunrise hike)

8a Breakfast

9a Worship (with communion)

11a Clean Up/Pack 12p Leave for Home

Adventuring Options

(NOTE: ALL OPTIONS CONTAIN DANGEROUS ACTIVITIES—You will be asked to fill out a Liability Waiver and Release Form)

- Competition Zombie Zip-Line
- Close Quarters Combat (CQB) groups of 8 will "play" in various scenarios while learning appropriate tactics using Airsoft, to appreciate the people who protect us.
- Rappelling (200 foot)
- Tree top swing /Comp. Grenade Field
- Archery Tag
- Target shooting at Teller County Shooting Society (BYOA) 50 min Drive one-way
- On Site Service Project TBA

The Adventuring Sections are each 4 hours in length and are considered free time. This should allow you to experience just about everything you want. However, you have the option of utilizing the four Adventuring Sections any way you want—a nap, a short hike, a mountain bike trek, playing cards, etc.

Questions? Contact:

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