

# EPS Sample Schedule

6:30 - 7:45 Arrival Classroom Activities/Breakfast/Combined Classes

7:45 - 8:00 Transition to Classroom

8:00 - 8:45 Potty Time/Finish Breakfast/ Explorations-Center Time

8:45 - 9:00 Clean Up Time

9:00 - 9:45 Gym/Recess

9:45 - 10:30 Potty Time/Snack Time

10:30 - 11:00 Circle Time - Stories, Dance, Musical Instruments, Morning Stretches, Finger Plays, Felt Board, Name Recognition, etc.

11:00 - 11:45 Art/Explorations-Center Time

11:45 - 12:00 Potty Time/Clean Up

12:00 - 12:45 Lunch

12:45 - 1:00 Potty Time/Books on Cot

1:00 - 3:15 Rest Time

3:15 - 3:45 Potty Time/Afternoon Snack

3:45 - 4:00 Story Time

4:00 - 5:00 Gym/Recess Time

5:00 - 6:00 Potty Time/Transition to Closing Room

